



Minnesota  
Department of Health

## Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Wakota Life Care Center, West St. Paul

Contact: Ginny Cronin, Executive Director

Phone and Email: 651-457-1195 wakota.cronin@gmail.com

Goal: To provide necessary services and referrals to pregnant and parenting women in Dakota and Ramsey

For the period/quarter: October, November, December 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Administer all Positive Alternative grant activities			
Outreach	Develop relationships and partnerships with strategic community agencies in our service area, focusing on the Latino community.			
Case Management Services	Provide follow up calls/contact with positive pregnancy test clients.	50	We have eliminated barriers to service and seen an increase in visits to our Center. Many of them are being referred to us from Ramsey and Dakota county agencies.	96

<b>Crib Distribution/ Sleep Safety Education</b>		10	Due to our request, Cradle of Hope increased our monthly Pack'n Play amount. We now can receive up to 15 Pack'n Plays a month. We have seen an increase in need and referrals to our Center.	34
<b>Financial Assistance</b>	Provide assistance in completing financial aid applications (Cradle of Hope, Life Fund, and other applicable agency applications) to pregnant and parenting women.	25	We are not seeing as many financial assistance requests as prior. We do receive a number of requests, but we are only able to provide assistance as funds are available. Cradle of Hope is running out of rental assistance by the first week of the month, which has been a large factor in our decrease in Financial Assistance granted.	9
<b>Life-Skills Education Program</b>	Provide educational programs to pregnant and parenting women that are about building life skills such as budgeting, relationship building, and housing.	5	We are excited to be working on our life-skills education programs. We are have tried a varied of formats over the past few months, including group and individual sessions. We are looking to increase the offerings as the year continues.	7
<b>Material Support</b>	Provide baby and maternity clothing, diapers, layettes, baby equipment or furniture items (non-incentive based) to pregnant and parenting women (once-a-month frequency).	175	We have seen an increase in material assistance need over the past few months as well. Many PRCs in our area no longer provide material assistance without some form of conditions. We do not have those conditions. Therefore, many women are coming to our center from all across the Twin Cities Metro area to receive our services (material assistance).	623
<b>Nutrition</b>	Provide prenatal vitamins to every pregnant women with a positive pregnancy test.	35		36

<b>Parenting Education</b>	Provide parenting programs that are specifically designed to educate pregnant and parenting women on parenting skills, including infant care, positive parenting, and discipline.	5	We have been offering these classes, starting in the Fall 2016. It is a slow process. We are trying to find the "right fit" for our clients and attendance. We are continuing to assess how to get more women involved.	0
<b>Pregnancy Education Program</b>	Provide educational programming that is specifically designed to educate pregnant and parenting women about pregnancy, including prenatal classes, childbirth education classes, smoking cessation, drug/alcohol cessation, prenatal nutrition, and doula services.	5	We have been offering these classes, starting in the Fall 2016. It is a slow process. We are trying to find the "right fit" for our clients and attendance. We are continuing to assess how to get more women involved.	5
<b>Pregnancy Testing</b>	Provide eligibility assessment, pregnancy counseling, and testing.	75	Our free pregnancy tests continues to be very popular. We attribute this to our partnerships with community and county groups.	83
<b>Provide Necessary Services to all clients</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	60	Referrals given outside pregnancy testing	63

<b>Provide Necessary Services Assessments Only</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals		Positive Pregnancy Tests	38
<b>Ultrasound</b>	Provide limited diagnostic ultrasound services (including assessment, intake and counseling). Offered to all positive pregnancy test women.	30		28

### **Maternal and Child Health Initiative Task Force Strategies**

	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	34
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	34
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	0

**Challenges:**

**Comments:**

# Demographic Reporting Form

## Individual – Quarterly Totals

Positive Alternatives

Dates: October, November, December 2016 Grantee Name: Wakota Life Care Center

### 1. Client Age Range:

Under 15	1	6	10	38	55	35	25	0
15-17								
18-19								
20-24								
25-29								
30-34								
35+								
Unknown age								

### 2. Client Pregnancy Status:

1st Trimester	39	9	20	55	1
2nd Trimester					
3rd Trimester					
Post-partum					
Pregnancy Status Unknown					

### 3. Client Marital Status:

Married	43	124	3
Not Married			
Marital Status Unknown			

### 4. Client Race:

Race: White	94	36	10	9	7	14	0
Race: African-American							
Race: African-American							
Race: American-Indian							
Race: Asian-Pacific							
Race: Other/ Multi Race							
Race: Unknown							

### 5. Client Ethnicity:

Hispanic Ethnicity: Yes	66	104	0
Hispanic Ethnicity: No			
Ethnicity: Unknown			

## Instructions for completing form

1. Complete a form on each new client who qualifies for participation in the Positive Alternatives program. (Eligible clients are women residing in Minnesota who are pregnant or who are parenting an infant 12 months old or younger.)
2. Collect answers for the form at the time the Necessary Services discussion is held with the client.
3. For each question, check the box that corresponds to the category best describing the client.
4. If your organization is not able to collect information requested on the form (e. g., race and/or ethnicity) check "unknown".
5. For "Client Pregnancy Status", if the client is entering the program parenting an infant 12 months old or younger, check "post-partum".
6. Please check your math. Each line should add up to the same total.